

**ARC Talks Webinar Series**

**Working Title:** Living Well with Amyloidosis

**Proposed Timeframe:** Oct 26, 2021; 1-hour run time; start time 11am ET

**Topic Description:** Individuals diagnosed with amyloidosis may continue to experience symptoms despite being on therapies to stop the progression of their disease. Symptom management and support network systems should be in place to help patients navigate correctly and efficiently throughout their trajectory.

Join us to learn about how your care teams interact, how to manage your symptoms, and when you should be talking to your providers (and which ones!).

**Learning Objectives:** By the end of the webinar, participants will:

- Understand how to manage their cardiac, neuropathy, and GI symptoms while on therapy to stop Amyloid production.
- Understand the role of and interactions between the Amyloidosis Centers of Excellence and local physicians/care teams
- Learn when to reach out, to whom, and when (and how) to seek a second opinion

**Intended Audience:** the amyloidosis patient/family community and the public

**Speaker Proposal and Webinar Overview:**

Webinar introduction	Isabelle Lousada	5 minutes
Cardiac Supportive Care <ul style="list-style-type: none"> <li>- ATTR in the Heart</li> <li>- Fluid management</li> <li>- Salt &amp; fluid Restrictions</li> </ul>	Johana Fajardo DNP MedStar Washington Hospital – Georgetown University	10 minutes
Neuro Supportive Care <ul style="list-style-type: none"> <li>- ATTR in the Nerves</li> <li>- Peripheral Neuropathy</li> <li>- Orthostatic Hypotension</li> </ul>	Hannia Ramos MD Medical University of South Carolina	10 minutes
Gastrointestinal Care <ul style="list-style-type: none"> <li>- ATTR in the Gi Tract</li> <li>- Symptom management</li> </ul>	Monica Nandwani DNP Stanford Health Care	10 minutes
When does my doctor want to hear from me? <ul style="list-style-type: none"> <li>- S/S prompting a call to provider vs ED?</li> <li>- When and how to seek a second opinion</li> </ul>	R.N.	5 minutes
Questions and Answers	PANEL	15 minutes
Wrap-up and announcements	Isabelle Lousada	5 minutes